



**Travel Volleyball (Grades 5 through 12)**  
**Tryout Dates 2025 – 2026 Season**



*(Updated: 11/5/2025)*

St. Rose CYO  
 2 Bayview Avenue  
 Massapequa, NY 11758  
[www.saintrosecyo.com](http://www.saintrosecyo.com)

**Only REGISTERED players in compliance with the CYONS Travel Sport Eligibility Requirement will be allowed to participate in tryouts. Walk-ins will not be permitted.**

- ✓ Each grade will offer two (2) tryout sessions. Players must attend **one (1) FULL tryout session\*** to be considered for a travel team. It is highly recommended that players attend both tryout sessions to ensure adequate time for proper evaluation.  
*\* Late arrival and/or early departure from the tryout session is NOT considered a FULL tryout.*
- ✓ Please arrive 15 minutes prior to the start of the tryout to check in.
- ✓ All players trying out will be provided with a reversible St. Rose pinnie that they can keep. Pinnies must be worn during both tryout sessions. **Players should wear a comfortable shirt that can be worn underneath the pinnie.**
- ✓ Each player should bring a water bottle.

TRYOUT #1		
Tuesday, November 18		
5th Grade GIRLS	6:30pm - 7:30pm	McKenna
8th Grade GIRLS	7:30pm - 8:30pm	
7th Grade GIRLS	8:30pm - 9:30pm	
Wednesday, November 19		
6th Grade GIRLS	6:30pm - 7:30pm	McKenna
7th Grade GIRLS *2 <sup>nd</sup> Tryout*	7:30pm - 8:15pm	
9th thru 12th Grade GIRLS	8:30pm-9:30pm	

TRYOUT #2		
Thursday, November 20		
8th Grade GIRLS	6:30pm - 7:15pm	McKenna
5th Grade GIRLS	7:30pm - 8:15pm	
6th Grade GIRLS	8:30pm - 9:15pm	
Sunday, November 23		
9 <sup>th</sup> thru 12 <sup>th</sup> Grade GIRLS	12:45pm – 1:30pm	St. Rose Gym