



St. Rose CYO Travel Basketball
Parent Information Sheet
Grades 4 - 8
(Updated: 4/27/2025)

St. Rose CYO
2 Bayview Avenue
Massapequa, NY 11758
www.strosecyo.org

St. Rose CYO Travel Basketball is a competitive basketball program that abides by the rules and guidelines set forth by CYO of Long Island (CYOLI), in conjunction with St. Rose CYO policies.

Below is a brief overview of the **Travel Basketball Guidelines for Grades 4 - 8**. A detailed version of this document can be found on the St. Rose CYO website under Rules & Tools > Documents.

- **Tryout Fee:** \$30.00 due at registration (non-refundable). Late registration or walk-ins on the day of a tryout session are not permitted.
- **Players selected to a Travel team:**
 - **Season Fee:** \$380.00 per player (includes practices, participation in CYOLI Travel League, uniform).
 - Travel Girls 4-8:
 - Registration and payment for the season must be completed by June 30, 2025.
 - Practices begin in September.
 - Games are scheduled from October through February.
 - Travel Boys 4-8:
 - Registration and payment for the season must be completed by October 6, 2025.
 - Practices begin in October.
 - Games are scheduled from November through March.
 - The Travel fee payment is required in full for a player to be allowed to participate in practices and games.
- Players must register and play at grade level, no exceptions.
- Each grade will have two (2) tryout sessions. **Players must attend one (1) FULL tryout session* to be considered for a travel team.** It is highly recommended that players attend both tryout sessions to ensure adequate time for proper evaluation.
 - * Late arrival and/or early departure from the tryout session is **NOT** considered a **FULL** tryout.
- Players must play on the team for which they are selected and cannot request specific team placement. Once a player is ROSTERED, they cannot opt out of playing for that team. If a player chooses to opt out, the player cannot participate in any St. Rose CYO program for the current year and are not eligible to try out for Travel Basketball the following season.
- Evaluators and coaches will be selecting the team.
- Teams will consist of a minimum of 10 players and a maximum of 12 players.
- Grade levels will consist of a maximum of 2 teams.
- Players will be notified via email within approximately 48 - 72 hours upon completion of the final tryout date for each grade level if they *have* or *have not* been selected to a Travel Team.
- Uniform fitting will occur after the team selection process has been completed.