



**St. Rose CYO Travel Basketball**  
**Parent Information Sheet**  
**Grades 4 - 8**  
**(Updated: 04/24/2026)**

St. Rose CYO  
2 Bayview Avenue  
Massapequa, NY 11758  
[www.strosecyo.org](http://www.strosecyo.org)

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## Program Overview

St. Rose CYO Travel Basketball is a competitive program that adheres to the rules and guidelines of CYO of Long Island (CYOLI) and all St. Rose CYO policies. A more detailed version of these guidelines is available on the St. Rose CYO website under **Rules & Tools > Documents**.

## Player Eligibility

- Players must register and play at their current grade level. **No exceptions.**

## Tryout Information

- **Tryout fee: \$30.00 regular / \$60.00 late**
- Fees are due at registration and are non-refundable.
- Walk-ins and same-day tryout registration are not permitted.
- Each grade level will have **two tryout sessions**.
- Players must attend **one full tryout session** to be considered for a Travel team.
- Attendance at both sessions is strongly recommended for a more complete evaluation.
- Late arrival or early departure does not count as a full tryout session.

## Team Selection and Notification

- Evaluators and coaches will determine team selection.
- Players must play on the team for which they are selected and may not request a specific team placement.
- Each grade level will have a maximum of **2 teams**.
- Each team will have a maximum of **12 players**.
- Families will be notified by email approximately **48 to 72 hours** after the final tryout date for their grade level.
- A player is considered rostered once they have been selected to a team and notified by email. Once rostered, a player may not choose to opt out of that team.
  - If a player opts out after being rostered:
    - The player may not participate in any St. Rose CYO program for the remainder of the current year.
    - The player will not be eligible to try out for Travel Basketball the following season.

## If Selected to a Travel Team

- **Season fee: \$385.00 regular / \$420.00 late**
- The fee includes practices, participation in the CYOLI Travel League, and a uniform.
- Full payment is required before a player may participate in practices or games.
- Uniform fitting will take place after the team selection process is complete.
- **Travel Girls Basketball (Grades 4–8)**
  - Registration and payment due by **June 29, 2026**
  - Practices begin in **September**
  - Games are scheduled from **October through February**
- **Travel Boys Basketball (Grades 4–8)**
  - Registration and payment due by **September 29, 2026**
  - Practices begin in **October**
  - Games are scheduled from **November through March**