



**St. Rose CYO**  
**CYO of Long Island**  
**Travel Rules**  
(version: 2.14.23)

St. Rose CYO  
2 Bayview Avenue  
Massapequa, NY 11758  
[www.strosecyo.org](http://www.strosecyo.org)



The St. Rose CYO Travel Basketball, Volleyball, and Swim programs are competitive travel programs that abide by the rules and guidelines set forth by *CYO of Long Island (CYOLI)*, [www.cyoli.org](http://www.cyoli.org).

In conjunction with the CYOLI rules and guidelines, all St Rose CYO Travel teams must also abide by the rules and guidelines set forth by *St. Rose CYO*, [www.strosecyo.org](http://www.strosecyo.org).

**[Click here to view/print the CYOLI Travel Rules & Modifications](#)**

